

## TRAINING

### Open Events

Throughout the year we run regular training events for school and day nursery staff on a range of topics. These are delivered at The Bungalow Partnership or at one of our partnership community hubs. Participants can learn about issues impacting the emotional wellbeing of young people and new techniques/strategies to support young people.

### Packages for School Staff

We also provide a range of training packages that can be delivered to small or large groups, during team meetings, cluster groups and INSET events. Examples include:

- Addressing the need and not the behaviour
- Autism awareness
- Attachment and trauma
- Bereavement and loss
- Using art to support emotional expression
- Nurture groups

### Training for Nursery Staff

We provide a range of training packages for private day nurseries and Early Years Practitioners that can be delivered to small or large groups during team meetings, cluster groups and INSET events. Examples include:

- Child development in the early years
- Promoting social development through play
- Promoting resilience and flexibility through playful activities
- Using therapeutic stories to develop the emotional expression of young people
- Attachment
- Impacts of domestic violence on young children

**For more details and how to book please visit our**

## STUDENT PLACEMENT OPPORTUNITIES

We welcome applications from 2nd and 3rd year students in the areas of social work, occupational therapy counselling and other therapeutic disciplines such as psychotherapy, art therapy play therapy, drama therapy, filial therapy and theraplay who require placements as part of their course.

We also welcome partnerships with local colleges, universities and training providers who are seeking regular placements for their students.

## VOLUNTEER OPPORTUNITIES

We currently accept Volunteer 3rd Year students from Teesside University and would be happy to consider students from other universities, providing that the travel distance was not a barrier to working with us. Volunteers must have experience of working with children and have their own transport to travel between schools.

**If you would like to discuss a placement or volunteer opportunity please contact The Bungalow Partnership.**

Our website provides information about our organisation and how we work, but if you would like to know more then please contact us.

### TESTIMONIAL

*"The Bungalow Partnership is an invaluable partner to St Bede's in the provision of support for the children who need it most. They have worked closely in supporting our most vulnerable children and families to help them to continue to assess education successfully. Their skilled therapists and support workers have been invaluable in ensuring crises are dealt with swiftly and professionally. They ensure the partnership between the child, family and school is paramount, and that the child's mental health and wellbeing always remains the priority."*

Mrs Bernadette Rizzi-Allan  
Headteacher, St Bede's Catholic Academy, Stockton



## THE BUNGALOW PARTNERSHIP

### COUNSELLING AND THERAPEUTIC SUPPORT SERVICE

Supporting families and schools across the  
Tees Valley area

**NEED TO TALK OR NEED SUPPORT?**

**"IF WE CAN HELP, THEN WE WILL."**



### THE BUNGALOW PARTNERSHIP

Rose Wood Academy,  
The Garth, Coulby Newham, Middlesbrough TS8 0UG  
Tel: 01642 595363

Email: [thebungalowpartnership@gmail.com](mailto:thebungalowpartnership@gmail.com)  
Website: [thebungalowpartnership.co.uk](http://thebungalowpartnership.co.uk)

A NON-PROFIT ORGANISATION  
Registered Charity No. 1160501

## SUPPORT SERVICE

We are a registered charity whose aims are to support children, young people and their families across the Tees Valley area. We are a self-sustaining organisation which actively engages with Local Councils, Children's Services, Social Services, Public health and the Voluntary Sector to broaden the multidisciplinary support we are able to offer.

## WHAT WE DO

Our team of highly qualified and experienced Practitioners including Psychotherapists, Counsellors Play Therapists, Art therapists, drama therapists, social workers, mental health consultants and family therapists. Provide a wide range of integrative therapeutic interventions.



Our therapeutic support is provided in a safe and private environment for those who are experiencing anxiety, depression, low self-esteem, relationship difficulties, stress, bereavement and those presenting with self-harm or behaviours that are proving problematic to their education and/or daily life.

## Mental Health

We support the emotional wellbeing of children, young people and families by providing a range of support aimed at improving mental health, emotional regulation and resilience. Here at The Bungalow Partnership we hope to reach children at an early age and provide interventions that can be both preventative and healing in nature.

## HOW WE DO THIS

Our therapeutic work takes into account children and young people's, and families' individual dynamic needs and use creative approaches such as play, art, drama and movement to aid expression and engagement. Our team are experienced in supporting children, young people and adults with complex needs and communication difficulties.

For older young people we provide an opportunity for them to express themselves through solution focused approaches and talking therapies. However, we believe there is no age limit on addressing emotional needs in creative ways and ensure that all our young people also experience the permission to be playful in exploring difficult emotions and life experiences.



## WHO WE CAN HELP

Children often face many difficulties which can leave them feeling frightened, confused, angry aggressive and unable to cope. We can support children from 3 years to 18 years within the Tees Valley area. Counsellors and therapists can also help teenagers with the many life changes that they experience including peer pressure and relationship difficulties. Our therapeutic services are also available to school staff, parents and private self-funded referrals.

## SUPERVISION

For Teachers, Safeguarding/Child Protection Officers / Family Liaison and Pupil Welfare Staff

We provide training and supervision to school members and people working with children, young people and families in health, education, social care and the voluntary sector.



## WHAT WE HOPE TO ACHIEVE

We offer children, young people and their families the support they need to safely explore their needs and to develop their resilience and life skills. In doing so, we hope that each young person and their family can benefit from a more positive life experience.



## HOW WE OPERATE

Individual schools and local authorities can buy into our services by completing either a yearly Service Level Agreement or by spot purchases for individual children, young people, families and staff members.

Our counsellors and therapists work with children in schools on a individual and/or small group basis.

We provide support for school staff and parents within the school, home or here at The Bungalow Partnership therapy centre.

Following a referral we hope to assess need, agree a support plan and start work with a child, young person or adult as soon as possible.

For more details please contact The Bungalow Partnership.