

Parenting Support that reflects the needs of your family and respects your journey together.

- Flexible Sessions that consider that life as a Parent/ Carer can be busy and complex.
- Parents/Carers are supported to gain increased awareness of the needs of their child and how they can work together to create an environment that feels safe, secure and predictable.
- Parents/ Carers receive a safe space in which to explore the needs of the family, their needs as a parent/ carer and that feels supportive, non-judgemental and respectful. .

To enquire about our Parent/ Carer Support or to refer into our service please contact:

The Bungalow Partnership
Rosewood Academy
The Garth
Coulby Newham
Middlesbrough
TS8 0UE

Tel: 01642 595363



Parenting Support



Help, Advice and Support for
Parents, Grandparents, Kinship
Carers, and Foster Carers

The Bungalow Partnership

Who we are:

We are a registered charity whose aims are to support children, young people and their families across Tees Valley area. We provide a range of support services including specialist therapies, assessments, practical and emotional support and training. We are a self-sustaining organization which actively engages with Local Authorities, Schools, Public Health, Children's Services, and the Voluntary Sector.

What we do

Our team of highly qualified and experienced professional Counsellors, Psychotherapists, Play & Drama Therapists, Art Therapists and Family Mentors provide a wide range of confidential therapeutic support to children, young people and families. This support is delivered within schools, in the community and here at The Bungalow Partnership.

Supporting Parents/ Carers

The Bungalow Partnership work with families to help improve communication, family functioning and to support the emotional wellbeing of each family member.

We understand that parents and carers balance a number of everyday pressures and that this can make parenting challenging. We are also aware that no two children are the same and therefore this poses a challenge in finding strategies that work consistently for each and every child.

We respect the unique experiences and needs of each family and aim to find tailored support packages that can help parents feel more confident in their roles as parents/ carers. We offer support that is non-judgemental and cultivates improved family relationships wherein communication improves, confidence in de-escalating emotional behaviour increases and wherein the joy of family life can be regained.

How is the Support Delivered?

Our support packages are tailored to individual family need and can be delivered on a weekly or fortnightly basis. We deliver 1-1 support, group support, specialist family therapies and provide therapeutic parenting sessions.

We are aware parents/ carers will have a number of other commitments and try to be flexible in the planning of the sessions and in the delivery style of the sessions.

We offer drop-in sessions within schools, 1-1 sessions in schools, virtual sessions via TEAMS, Zoom or telephone, and home visits when deemed appropriate.

In addition to offer support and guidance, we also work in partnership with other services and agencies and can signpost parents/ carers to other services if they have a range of needs.